

人生下半场




人生下半场主日学是为即将或已经步入中年的基督徒而设。此课程藉着神话语的带领，以及弟兄姐妹们彼此的分享，见证与讨论，帮助我们寻找神在各人生命中的带领，预备和命定，以期活出荣神益人的下半场人生。此课程有一部分教材使用英文。你将通过此课程探索如何将你的以往的经验，身怀的技能和心中的热情结合在一起，对你周围的人和事产生有意义的影响。

<https://halftimeinstitute.org/introduction-to-halftime-group-videos/>

《人生下半场》课程表

日期	课次	课程主题	Leader
6/05/22	1	重新出发-对成功的再定义	Gary
6/12/22	2	冲破阻碍1	吴文
6/19/22	3	冲破阻碍2	吴文
6/26/22	4	准备启程1	Gary
7/03/22		Break	
7/10/22	5	邢承中弟兄 分享	南海
7/17/22	6	准备启程2	Gary
7/24/22	7	寻找你的方向1	南海
7/31/22	8	寻找你的方向2	南海
8/07/22	9	建立缓冲区	吴文
8/14/22	10	找到你的命定之处1	Gary
8/21/22	11	找到你的命定之处2	Gary
8/28/22	12	陈昆华弟兄 分享	吴文

A close-up photograph of a brown basketball with black lines, resting on a polished wooden basketball court floor. The lighting is dramatic, highlighting the texture of the ball and the grain of the wood. The background is dark, making the ball and the text stand out.

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第七课 寻找你的方向

Step by Step

Step 1 - Discover what makes you most passionate.

Step 2 - Pinpoint your three greatest strengths.

Step 3 - Identify your spiritual gifts.

Step 4 - Develop your personal mission statement. Discover the space where your passion, potential, and ability overlap—in other words, your personal calling.

Step 5 -- Define the position you best play on the team.

Your Mission Statement (calling)

I am trusting God to use my _____ (strengths) to serve
_____ (your area of passion), in order to _____ (the
impact you want to make).

Step by Step

Step 6 - Discover your spouse's goals and desires.

Step 7 - Discover where your life needs better balance, how you should shore up the four primary pillars.

Step 8 - Plan your finances with an eternal perspective.

Step 9 - Set Five Goals.

Step 10 - Decide how you will measure the results.

STEP 1 - Discover what makes you most passionate

- **What causes, issues, and group of people concern you most?**
- **What change do you most want to help bring about in the world?**

STEP 2 – Pinpoint Your Three Greatest Strengths

STEP 3 – Identify Your Spiritual Gifts

STEP 4 – Develop Your Personal Mission Statement

- **Personal calling**

- **Passion (热情)**

- **Potential (潜力)**

- **Ability (能力)**

STEP 4 – Develop Your Personal Mission Statement

- **Designed to say why we do what we do and what we want to be remembered for**
- **NOT how we will do tactically**
- **NOT too comprehensive or too broad**

STEP 4 – Develop Your Personal Mission Statement

- **你的才能或是最擅长的方面**
- **什么人/事你最关心**
- **为了你最关心的人/事你希望能做出什么影响**

Your Mission Statement (calling)

I am trusting God to use my _____ (strengths) to serve
_____ (your area of passion), in order to _____ (the
impact you want to make).

STEP 5 – Define the position you best on the team

- 策劃, 領導, 管理, 關懷, 組織, 培訓, 執行, 設計
宣傳

STEP 6 – Discover your spouse's goals and desires

- **如果你可以自由地應用時間，什麼事會讓你最滿足？**
- **你有沒有以前想做但擱下了現在想再做的事？**
- **你願意和我一起做人生下半場的規劃嗎？**
- ***Half time for Couples***

STEP 7 – Discover where your life needs better balance

- It is a marathon not a sprint
- Best physical condition (身體)
- Healthy family life (家庭生活)
- Loving and growing relationship (關係)
- Commitment to lifelong spiritual development (靈命成長)

STEP 8 – Plan your finances with an eternal perspective

- **不需要財務獨立但需要有計劃**
- **需要犧牲**
- **需要制定一個可以支持你人生下半場計劃的花銷計劃
和如何產生滿足最大限度的可支配時間所需的收入的
策略**

STEP 8 – Plan your finances with an eternal perspective

- **多少錢才夠？ 為了實現你的理想你願意把生活標準降低到什麼程度？ 多少財產才夠？**
- **你的家庭預算要如何改變？ 看看有多少是可以刪減的？**

STEP 9 – Set 5 goals

- 在下面一到兩年5個最重要的目標
- Physical fitness?
- Financial goal?
- Spiritual goal for daily devotional time?
- To find several serving opportunities within your area of passion and gifting?

STEP 10 – Decide how you will measure the results

- 如何衡量結果?
- 如何衡量進度?
- 寫下3種衡量方式

討論

- **What is your mission statement?**
 - **Is it clear what strengths you bring?**
 - **Does it defines who or what cause you wish to serve?**
 - **Is it clear the difference you want to make?**
- **How should your mission statement change based on the feedback?**