

A photograph showing four hands of different skin tones (light, dark, and two shades of brown) reaching up from the bottom and down from the top to form a circle. The hands are positioned as if they are about to clasp or are gently holding each other. The background is a plain, light-colored surface.

「安慰與鼓勵」

(林後 7:2-7、13-16)

薛忠勇 弟兄



My Child is an
HONOR STUDENT at
Fancher Elementary School!





彼此相勸

Encourage
one another daily

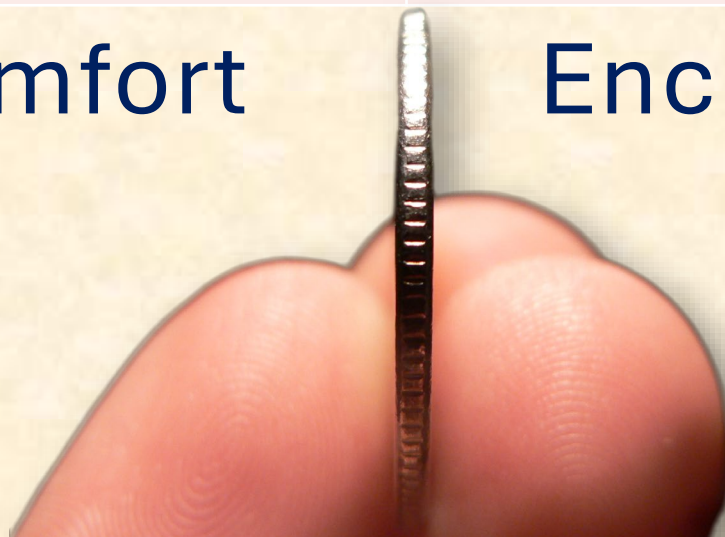


Hebrews 3:13

Tricia Goyer.com

希臘文 parakaleo
= 安慰、鼓勵、勸勉...

安慰	鼓勵
安撫情緒	激發行動
同埋接納	跨越往前
Comfort	Encourage



A white dove is shown in flight, wings spread, positioned above an open book. The book is open, and a bright, glowing light emanates from the center where the pages meet, creating a lens flare effect. The background is a sky with a gradient from blue at the top to orange and yellow near the horizon, suggesting a sunset or sunrise. The book is resting on a wooden surface with visible grain.

聖靈 = 保惠師、訓慰師



1973 COLLEGE FOOTBALL HALL OF FAME INDUCTEE

DONN MOOMAW

1931 - 2025

A photograph showing four hands of different skin tones (light, dark, and two shades of brown) reaching up from the bottom and sides to form a circle. The hands are positioned as if they are about to clasp or are already clapping. The background is a plain, light-colored wall.

【循環性的安慰】

一. 保羅安慰信徒

二. 提多安慰保羅

三. 信徒安慰提多

一. 保羅安慰哥林多信徒

- 保羅需面質哥林多教會各種問題

當面的責備、強如背地的愛情。朋友加的傷痕、出於忠誠。仇敵連連親嘴、卻是多餘（箴27:5-6）

- 「愛之深、責之切」

諂媚鄰舍的、就是設網羅絆他的腳（箴29:5）
我因你們多多誇口、滿得安慰，我們在一
切患難中分外的快樂（林前7:4）



Awana

AWARDS CEREMONY

Balex ~

I am very impressed with your analytic abilities and your attention to details. Those two attributes will do you well in future years, as they already have.

I hope your summer is enjoyable and relaxing, and that your college studies are rewarding.
Don McKell

你的分析能力與對細節的專注令我印象深刻。這兩項特質將來對你大有裨益，正如現在已經發揮了作用。

良言如同蜂房、使心覺甘甜、使骨得醫治。

二. 提多的喜訊安慰了保羅

- **保羅服事充滿挑戰**

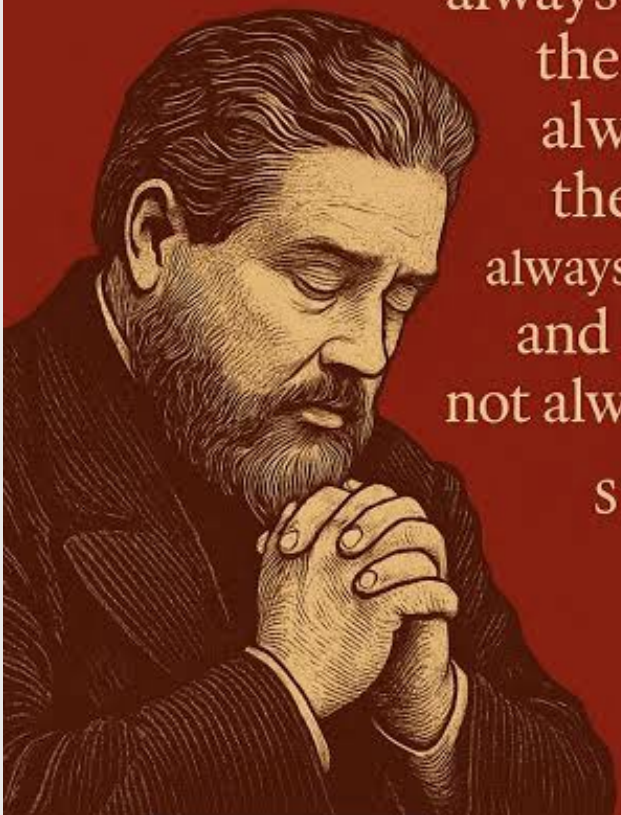
我們從前就是到了馬其頓的時候、身體也
不得安寧、周圍遭患難、外有爭戰、內有
懼怕 (5節)

- **提多帶來好消息**

但那安慰喪氣之人的神、藉著提多來安慰
了我們。不但藉著他來、也藉著他從你們
所得的安慰、安慰了我們 (6-7節)

“Fits of depression come
over the most of us...
The strong are not
always vigorous,
the wise not
always ready,
the brave not
always courageous,
and the joyous
not always happy.”

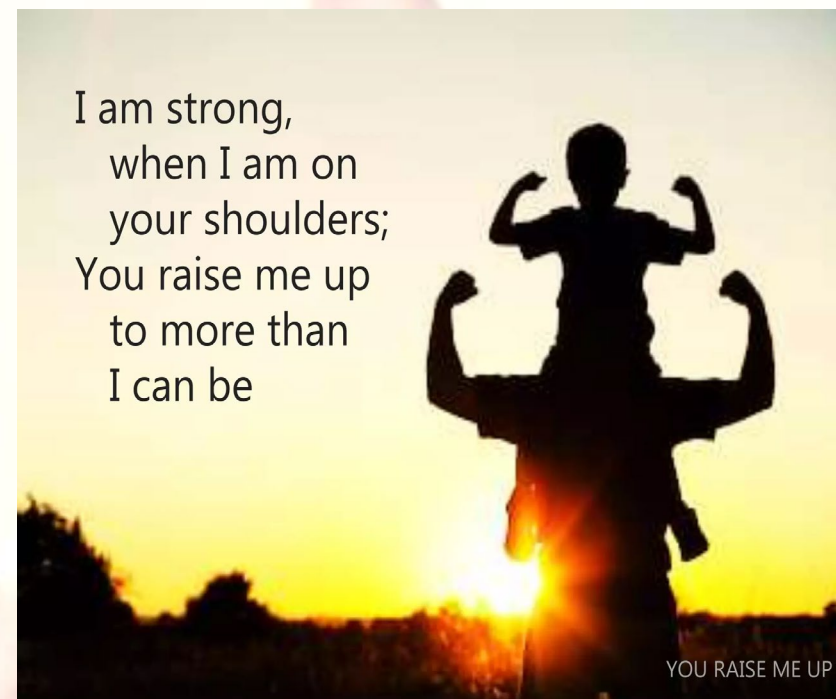
SPURGEON



二. 提多的喜訊安慰了保羅

- 提多帶來好消息

但那安慰喪氣之人的神、
藉著提多來安慰了我們。
不但藉著他來、也藉著
他從你們所得的安慰、
安慰了我們 (6-7節)



You raised me up...

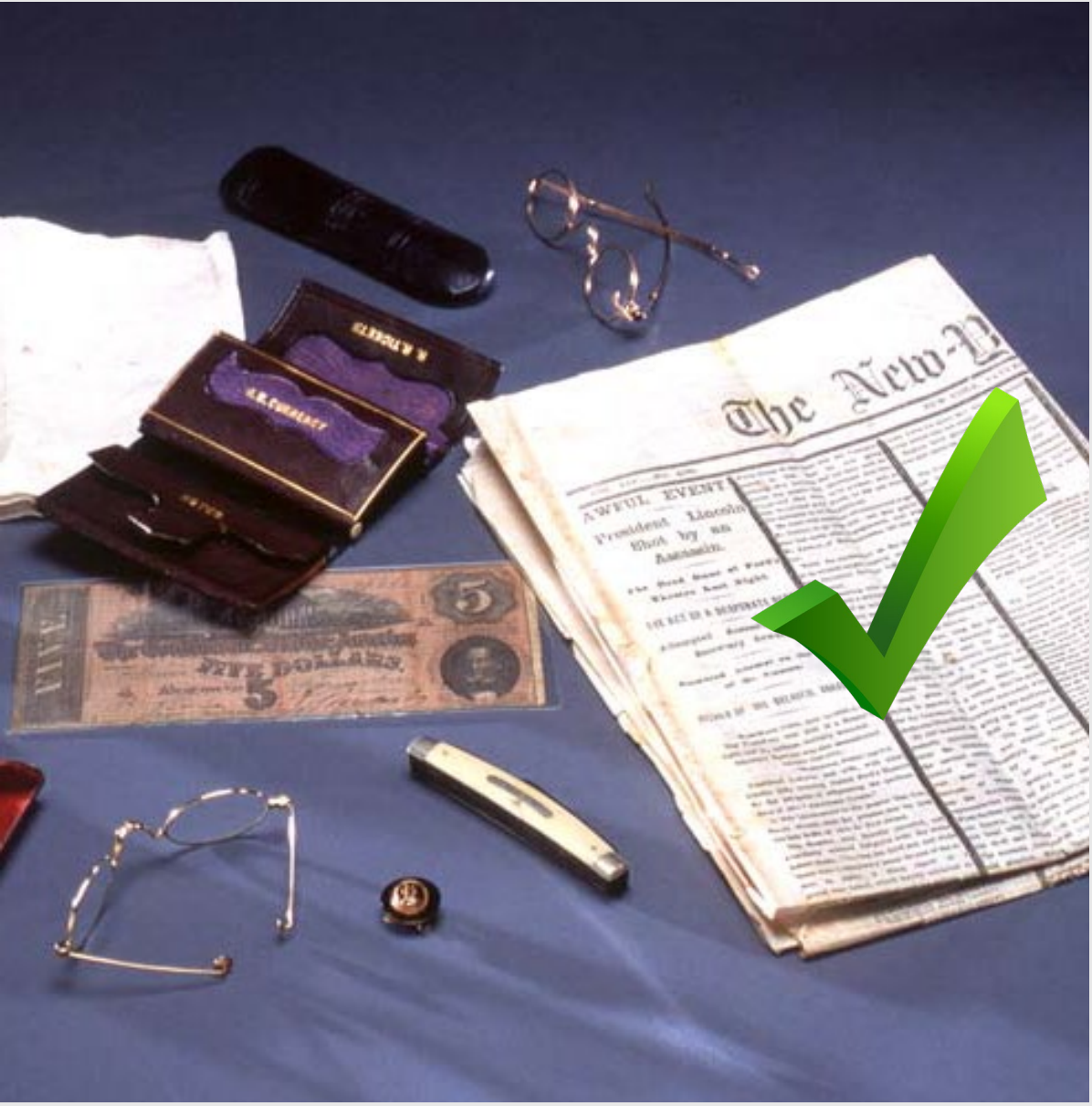
生命

影響

生

命







YAHOO!

Yahoo Mail

責備人的、後來蒙人喜悅、多於那用舌頭
諂媚人的（箴28:23）

凡管教的事、當時不覺得快樂、反覺得愁苦。
後來卻為那經練過的人、結出平安的果子、
就是義（來12:11）

三. 哥林多信徒的接納安慰了提多

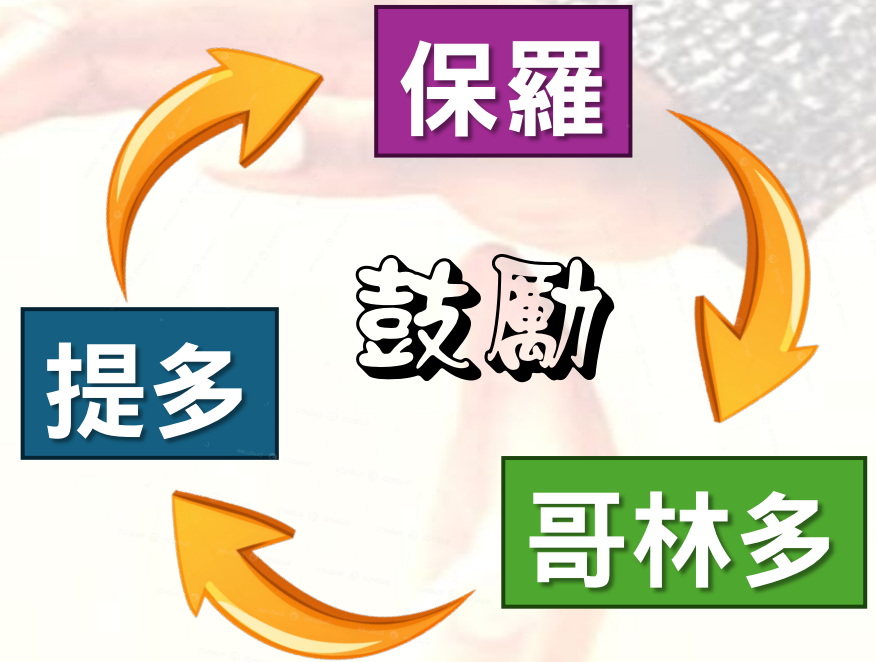
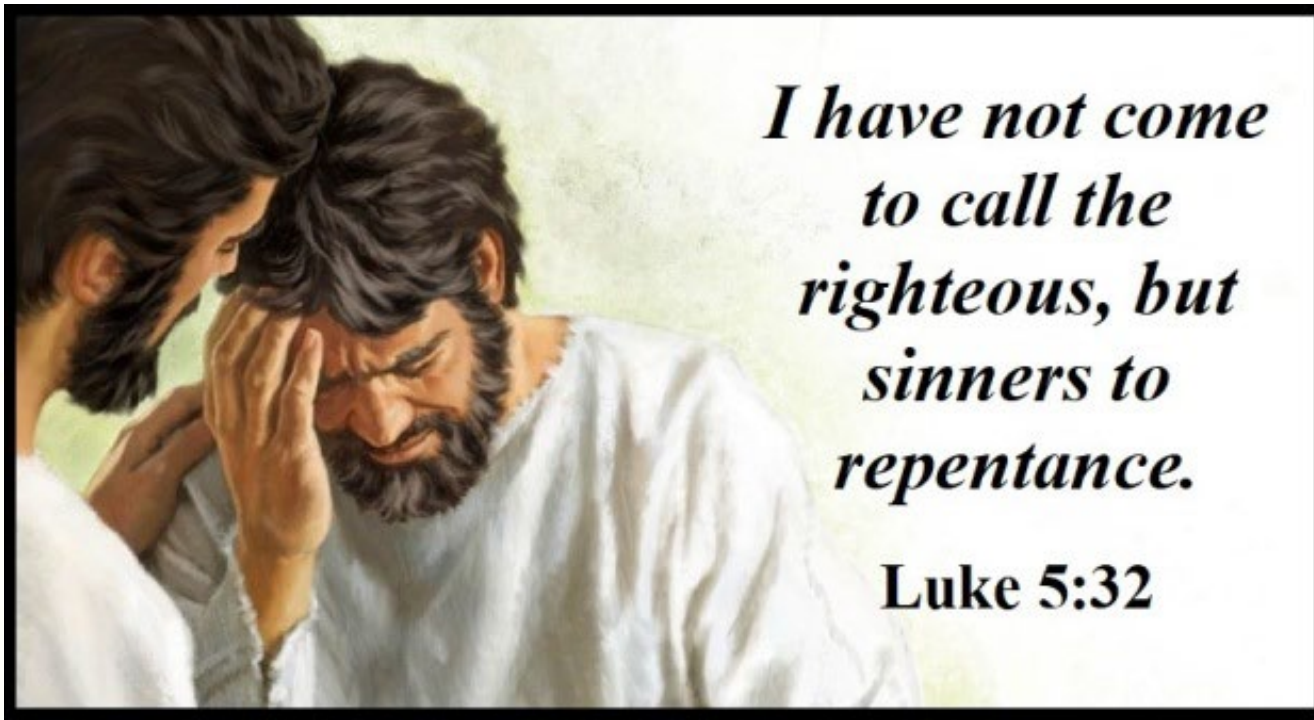
故此我們得了安慰、並且在安慰之中、
因你們眾人使提多心裏暢快歡喜、
我們就更加歡喜了 (13節)



我若對提多誇獎了你們甚麼、也覺得
沒有慚愧。因我對提多誇獎你們的話、成了
真的。正如我對你們所說的話、也都是真的。
(14節)



平時不是這樣的！
It's usually better!



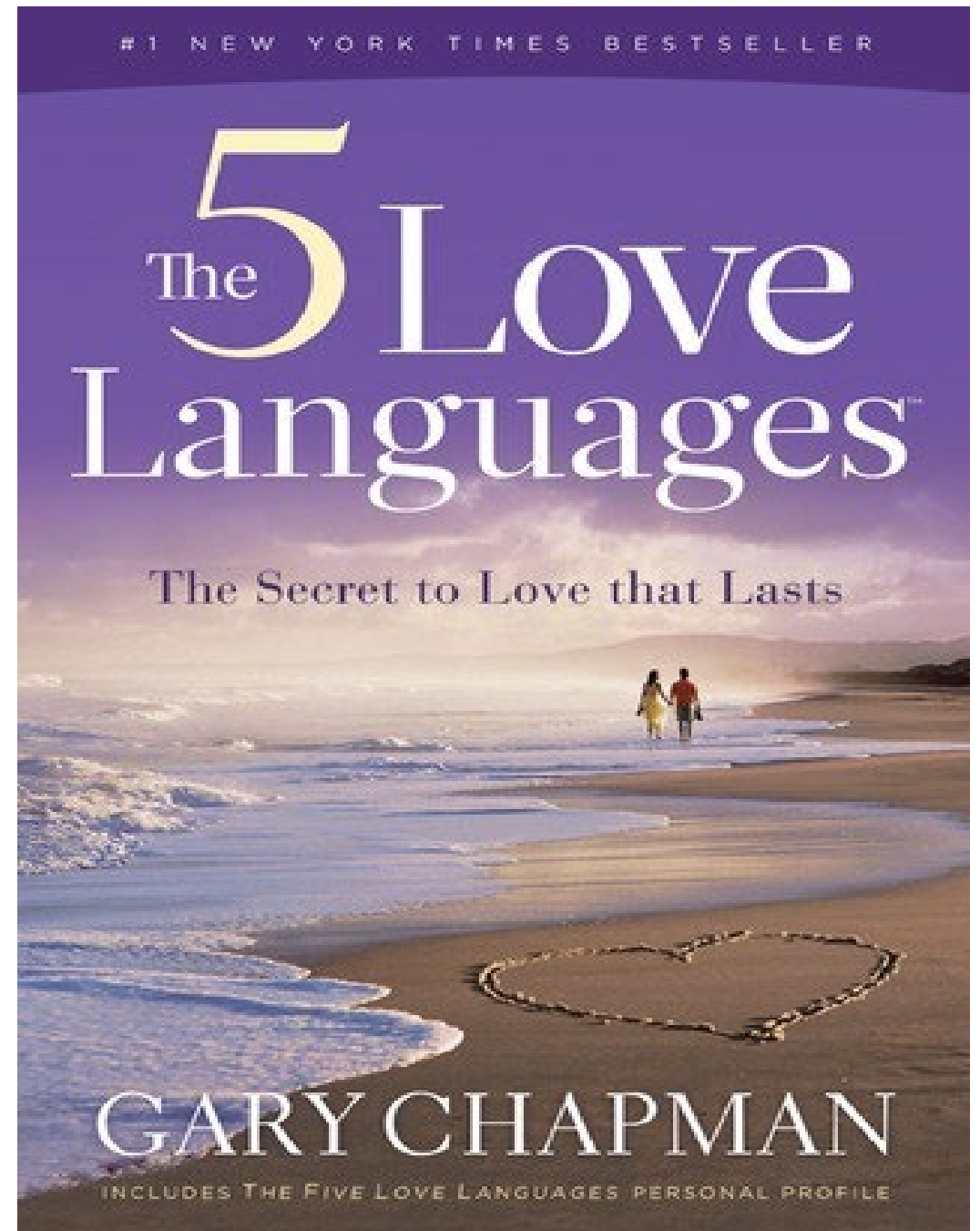
並且提多想起你們眾人的順服、是怎樣恐懼戰兢的接待他、他愛你們的心腸就越發熱了。我如今歡喜、能在凡事上為你們放心 (15-16節)



Catch Them Being Good

捕捉他們表現良好的時刻
而不是盯著他們的錯誤

Head Coach and Sports Psychology Consultant to the 1996 Olympic Gold Medal
and 1999 World Cup Champion U.S. Women's Soccer Team
with CHARLES SALZBERG





1. 肯定性的話
2. 優質時光的陪伴
3. 暖心的禮物/食物
4. 實際性的服務
5. 溫馨的身體語言



愛的鼓勵

